



## KIDS Morning Tea

### Serving Guide

Thankyou for being willing to serve God's people in this way. When we provide morning tea for the children at church, we make them feel specially welcome, and we enable their families to stay longer at church for meaningful conversations. It means that the adult morning tea is kept for adults, and we can also cater more easily for some allergies by the food we provide for the children. The following guide should help you to provide a suitable Kids morning tea.

At the moment Kids morning tea is in two stages:

#### STAGE 1

The Preschoolers eat morning tea during their lesson. This food should be in a bag placed on the kids morning tea table for the leader to collect.

Please provide (currently for 10 children):

1. a plate of sandwiches (8 sandwiches with jam, cheese, vegemite or honey) cut up in quarters – **please no peanut butter**.
2. a plate of fruit or biscuits or cupcakes (e.g 2 apples and 2 bananas and 2 oranges cut up on a plate, or 1 pkt biscuits)

#### STAGE 2

The rest of the children eat after church from the Kids Church morning tea table. This food should be arranged on plastic plates or in plastic containers and placed on kids morning tea table.

Please provide (currently for 15-20 children):

1. a plate of sandwiches or fairy bread
2. a bowl/plate of savoury (**plain** chips or ricecrackers or popcorn)
3. a plate of fruit or sweet food (fruit, cupcakes, biscuits)

NOTE: All of this sounds complicated, so when you're actually getting the food together, follow the summary below....

#### SUMMARY (this is a list that covers everything you provide)

- 16 sandwiches cut into quarters and placed on 2 plates (vegemite, jam, honey, cheese or fairy bread) **no peanut butter**
- Cut up fruit, or 2 packets of sweet biscuits/cakes onto 2 plates
- Packet of savoury onto 1 plate (chips or popcorn or savoury biscuits or cut up carrot and celery with dip)